

*"Committed to His Will,  
His Way, and His Word"*



## Mount Olive Baptist Church Announcements JANUARY 17, 2021



### Our Vision Statement

<sup>18</sup>"The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the broken-hearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; <sup>19</sup>To proclaim the acceptable year of the LORD." Luke 4:18-19 (NKJV)

It is the vision of Mount Olive to be a church that is intentional in its efforts to identify and meet the needs of broken, hurt and oppressed people in the greater Glen Allen area through the message and ministry of Jesus Christ.

### MOBC CORE VALUES

1. Radical Hospitality
2. Passionate Worship
3. Intentional Faith Development
4. Risk-Taking Mission & Service
5. Extravagant Generosity

### Sunday School

8:30 AM

Lesson: "Called to Heal"  
Mark 2:1-12

Teacher: Rev. Violet Watson

Call in Number      Access Code  
1-605-472-5412      AC 229743

### Intercessory Prayer via Conference call:

Wednesdays — 6:00 AM - 7:00 AM

Call in Number: 1-978-990-585

Access Code: 8837843

Your giving is important and needed.

### 3 Ways to Give

Online Giving Link:

<https://www.mobcva.org/give>



TEXT2GIVE

Mail in:

8775 Mt. Olive Ave., Glen Allen, VA 23060

### 2021 Theme: THE YEAR OF



Matthew 5:16 (NKJV)

<sup>16</sup> "Let your light so shine before men, that they may see your good works and glorify your Father in heaven."

## Today At Mount Olive

*Morning Worship Service*

*VIA Live Stream*

**10:00 AM**

**Monday, January 18, 2021**

**"The LEGACY CONTINUES"**



**Dr. Martin Luther King, Jr.**

35th Annual Henrico County  
Commemoration Celebration

**Virtual Service sponsored by Henrico Ministers' Conference:**

**9:30 AM**

On Facebook or YouTube @ Henrico Ministers' Conference

**Guest Preacher:**

Rev. Dr. Theodore T. Brown, Pastor  
Quioccasin Baptist Church, Richmond, VA

*(See inside for more information on Henrico County Virtual Celebration)*

# MOBC COMMUNITY NEWS!!



Season of  
**Epiphany**

January 7 — February 25, 2021

The Pulpit Attire is Green

The color for Epiphany is **GREEN**. The color **GREEN** stands for life and growth. The color of the table cloth on the Communion table and podium are changed to **GREEN** to indicate the season. The "pulpit dress" is changed according to the season of the Christian Calendar.



## Theme For This Quarter: "CALL IN THE NEW TESTAMENT"

This quarter examines God's call in stories from the New Testament. The greatest call came to Jesus. Other calls in the New testament led to the extension of Christian ministry into the world.

### UNIT 2 \* JESUS AND CALLS IN HIS MINISTRY

This unit presents four lessons about Jesus' ministry. Luke emphasizes Jesus' call to proclamation and ministry and identifies Jesus as one who calls followers. Mark speaks to Jesus' call to a ministry of healing. John gives us a look at Jesus' call as the intercessor for those who follow Him.

**NEXT WEEK'S LESSON:** January 24, 2021

#### "Called as the Intercessor"

John 17:14-24

People often look for ways to appeal for assistance on behalf of others. How can people respond to the urge to intercede in a meaningful manner? Jesus' prayer for His disciples serves as a call to use intercessory prayer for the sake of others.

- \* **MONDAY: Prayer for Peter in Prison**  
Acts:12:5-11
- \* **TUESDAY: Pray for a Successful Ministry**  
Romans 15:22-33
- \* **WEDNESDAY: Pray for Inner Strength and Power**  
Ephesians 3:14-21
- \* **THURSDAY: Pray the Prayer of Our Lord**  
Matthew 6:7-13
- \* **FRIDAY: Pray for Your Abusers**  
Luke 6:22-33
- \* **SATURDAY: Pray to Avoid Trials**  
Luke 22:39-46
- \* **SUNDAY: Jesus Prays for His Disciples**  
John 17:13-24



## HOW TO ACCEPT JESUS CHRIST INTO YOUR HEART

Perhaps while reading the announcements you realized you have never made a Christian commitment. Don't delay that decision! We encourage you to embrace God's love today and receive the salvation that only Jesus Christ gives. Here are five simple steps you can take to find assurance of salvation.

1. **Recognize your need.** The Bible tell us that "all have sinned and fall short of the glory of God." (Rom. 3:23) All of us are sinners, and we must admit our need for a Savior.
2. **Repent of your sins.** Our sins create a wall that separates us from God. By confessing our sins and turning from them, you will find forgiveness. The Bible promises: "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).
3. **Believe in Jesus.** God sent His only Son to die so that He could pay for all our sins. Put your faith in Him and believe in His power to save you. The Bible says, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16).
4. **Receive His salvation.** God has given us a great gift in His Son, but we must receive His gift. Thank Him for loving and forgiving you, and ask Him to live in your heart. His promise to us is clear: "But as many as received Him, to them He gave the right to become children of God" (John 1:12).
5. **Confess your faith.** The Bible assures us: "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved" (Rom. 10:9). You have been born again and are now part of God's family. Tell some one else what Jesus has done in your life!

**Heavenly Father,** I now understand my need to have my sins forgiven. I also realize that only Jesus — because of His sacrifice on the cross — can forgive my sin. I put my faith and trust in Jesus today. Please forgive me and become the Lord of my life.

## Sermon Highlights

January 10, 2021

**Title:** "Extenuating Circumstances"

**Text:** Matthew 5:14-16

**Main Idea:** During this year of productivity in which we are commanded to let our light shine there will be times when we go to God with extenuating circumstances. The question is, how do you really let your light shine when you no longer let extenuating circumstances stand in your way?

- Main Points:**
- 1) Take a look at your own life.
  - 2) Be careful about what you say and how you say it.
  - 3) Use social media wisely.

## "What We Believe" Article of Faith of the Month



### XVIII. THE WORLD TO COME.

We believe the Scriptures teach that the end of the world is approaching; that at the last day, Christ will descend from heaven, and raise the dead from the grave for final retribution; that a solemn separation will then take place; that the wicked will be adjudged to endless punishment, and the righteous to endless joy; and that this judgment will fix forever the final state of men in heaven or hell, on principles of righteousness.

# MOBC COMMUNITY NEWS!!

**JANUARY 2021  
CALENDAR OF  
★ EVENTS ★**

## "The LEGACY CONTINUES"

**Dr. Martin Luther King, Jr.**  
35th Annual Henrico County  
Commemoration Celebration

**Monday, January 18, 2021**



**Henrico County Virtual Celebration**

**11:30 AM**

**Henrico County, Virginia  
Virtual Celebration**

On Facebook or YouTube @ Henrico County  
Dr. Martin Luther King, Jr. Commemoration Association

### **Guest Speaker:**

Congressman A. Donald McEachin  
United States Representative, 4th District of Virginia



**Virtual  
Children's  
Church**  
via Zoom @ 10:00 AM

**January 17, 2021**



**Meeting ID: 95299525517**

**Passcode: 411332**

## **Masters of Progress Virtual Fellowship Groups**

All Masters of Progress Virtual Fellowship Groups will resume the week of **January 25, 2021**. Men on Tuesdays. Young Adults and Senior Adults on Thursdays and Women on Fridays. All at 7:00 PM via Zoom.

## **INTERCESSORY PRAYER Sick & Shut-ins**

*Behold, I am the LORD, the God of all flesh. Is there anything too hard for Me?*  
Jeremiah 32:27

Robert Ashe  
Grace Baker  
Keith Davis  
Dea. Kevin Dunigan  
Zelda Mason



Dwight Perkins  
Aswana Stewart  
Alma Tarry  
Mable Williams  
Craig Yates

**Dr. Martin Luther King, Jr.**  
**Lights of Hope Award**  
**January 18, 2021**  
**11:30 A.M.**

*Lights of Hope  
Recipients*

**Sydney Powell – Elementary School**

**Egypt Debnam – Middle School**

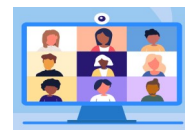
**Christopher J. Johnson – High School**

Mason Bland will lead the Pledge of Allegiance.

Please join us for this virtual event on  
Facebook Live or  
YouTube @ Henrico County

## **Teen Sunday School**

Join us every Sunday for Teen Sunday School  
via Zoom at 12:30 PM.



**Join Zoom Meeting - Copy Link**

<https://us02web.zoom.us/j/89470810266?pwd=U1ZVM08xMzcra3FPMWVrV2pyR2MzUT09>

**Meeting ID: 894 7081 0266**

**Passcode: 945983**

**Dial In #: 1 (301) 715-8592**



## **Bereavement Support**

Being mindful of your grief during this time of the year remember:  
**You Are Not Alone!**

For those who are experiencing grief, the Bereavement Support Ministry is here to assist you and your family through your stages of grief. Also, we are seeking new members to join our Bereavement Support Ministry. Interested persons should contact Rev. Dr. Jimmie L. Walker, Sr. Chair @ 804-721-2487 or email - [pastorjlwsr@gmail.com](mailto:pastorjlwsr@gmail.com)

## **COMMUNITY FOOD GIVEAWAY SCHEDULE**

**DRIVE THRU  
FOOD DISTRIBUTION**

**WEDNESDAYS**

**11:00 AM - 11:30 AM**

**SATURDAYS**

**12:00 PM**

**Zip Codes: 23227, 23228, 23059 & 23060**

Due to the Coronavirus Pandemic our community food distribution will be drive-thru.

**Free to All !**





**Est. 1867**

## Mount Olive Baptist Church

8775 Mt. Olive Avenue  
Glen Allen, VA 23060

Phone: (804) 262-9614 Fax: (804) 262-2397



### CHURCH STAFF Directory

Rev. Darryl G. Thompson, Pastor  
(804) 495-5951 (C)

E-mail: (Pastor) - [pastorthompson@mobcva.org](mailto:pastorthompson@mobcva.org)

Church Administrator: Sis. Martha Styles

E-mail: [Churchadm@mobcva.org](mailto:Churchadm@mobcva.org)

Administrative Assistant: Rev. Allison D. Roldán

(Office E-Mail) - [Secretary@mobcva.org](mailto:Secretary@mobcva.org)

Director of Christian Ed.: Rev. Deborah A. Simmons

E-Mail: [ChristianEd@mobcva.org](mailto:ChristianEd@mobcva.org)

Minister of Children/Youth: Rev. Kelly A. Evans

E-Mail: [Youthmin@mobcva.org](mailto:Youthmin@mobcva.org)

Financial Secretary:

E-Mail: [Finance@mobcva.org](mailto:Finance@mobcva.org)

Custodian (Day): Bro. Howard Williams

(804) 350-5097

Custodian (Evening): Mr. Jerome Allsbrooks

(804) 350-2283

**Office Hours:**  
Monday - Friday  
9:00 a.m. - 5:00 p.m.

**Pastor's Appointment Hours:**  
Monday - 2:00 p.m. - 7:00 p.m.  
Tuesday - 10:00 a.m. - 3:00 p.m.

### ANNOUNCEMENTS DEADLINE:

Deadline for bulletin and media information is 12:30 p.m. each Wednesday. Please email information to:

[Secretary@mobcva.org](mailto:Secretary@mobcva.org) or call the church office at (804) 262-9614.

*Thank You!*

Thanks and appreciation have been expressed by:

Sis. Viola Walker  
Sis. Adrienne Westbrook  
Sis. Camille Whitaker  
Clara Stokes, CDO Caritas

All thank you acknowledgements are posted on the bulletin board outside of the church office.

### On Call January 2020

#### Deacon on Call

Joseph Starks.....262-9519

James Isler.....222-8979

#### Deaconess on Call

Helen Taylor.....266-1681

Janet Jefferson.....222-1148

#### Trustee on Call

Harold Lawson.....262-6935

Brenda Smith.....264-3556

Raymond Mitchell.....672-2725

#### Associate Minister on Call

Rev. Dr. D. Mack-Tatum....266-7663

#### Bereavement Support on Call

Rev. Dr. Dru Roane.....647-5323

VIEW MOUNT OLIVE WEEKLY  
ANNOUNCEMENTS ON  
THE WEB

Go to:

[www.mobcva.org](http://www.mobcva.org)

Then click on Weekly  
Bulletin.



**online  
GIVING**  
easy. fast. effective.

TEXT2GIVE

Find us on  
**Facebook**

**You  
Tube**

**twitter**



### Children's Church

January 17, 2021

via Zoom @ 10:00 AM

**CANCELLED UNTIL FURTHER  
NOTICE.**



**Nursery** open for children  
3 months to age 6 during Worship Service

### Teen EXPERIENCE

2nd, 3rd & 5th Sunday's  
Ages 12-18



**CHOIR  
Rehearsals**



**CANCELLED  
UNTIL FURTHER NOTICE**

### Enter His Gates with Thanksgiving and His Courts with Praise....

Psalm 100:4

Please Reverence the House of God:

- \* Enter to Worship
- \* Connect with the Spirit of God
- \* Meditate on God's Word
- \* Focus on God's Glory
- \* Welcome God's Presence
- \* Invite God into your life today
- \* Honor God with the fruit of your lips.

*Let all things be done decently and in order. 1 Corinthians 14:40*

**Please refrain from eating, drinking and talking on cell phones  
in the sanctuary.**



The Healthcare Ministry Presents

## **Wear Red February**

**Goal:** To Bring Awareness to Heart Disease

**How:** Members are encouraged to send in a photo of themselves wearing Red to be shown during weekly church services. Photos may be emailed to Sis. Stacy Jones at [smjonesbsn@hotmail.com](mailto:smjonesbsn@hotmail.com) no later than Sunday, January 31.

# January Health Segment

## Meditation

### What is Meditation?

Meditation is a practice where an individual uses a technique of calmness, where your mind settles inward through quiet levels of thought until you experience the most peaceful levels of calmness.

### How does Meditation benefit you?

- 1.) Deeper inner calmness
- 2.) Clarity of mind
- 3.) Reduce depression and anxiety
- 4.) Insomnia decrease
- 5.) PTSD decrease
- 6.) Cardiovascular health benefits

### What Meditation is not

\*Religion, philosophy, cult, or a lifestyle.

### Facts and Statistics

The number of people practicing meditation has more than tripled since 2012

Meditation improved anxiety levels 60% of the time.

Meditation can reduce the risk of being hospitalized for coronary disease by 87%.

Practicing meditation can increase your attention span after only 4 days.

Meditation relieves the symptoms of insomnia 75% percent of the time.

Practicing meditation can have a positive effect on relieving in pain.

Meditation may lower blood pressure 80% of the time.

School suspensions were reduced by 45% due to meditation.

Since 2012 the number of children meditating has increased by more than 800%.

Women are more likely to meditate than men.

Global statistics show that across the world between 205 -500 million people meditate every day.

### Simple STEPS to Meditate

- 1.) Sit or lie down comfortably. (You may want to use a cushion or pillow of some sort)
- 2.) Gently close your eyes and make no effort to control your breath. Simply breathe naturally.
- 3.) Focus your attention on the breath and how the body moves with each inhale and exhale.

\*Notice the movement of your body as you breathe. Simply focus your attention on your breath without controlling it. If your mind begins to wonder just simply lie or sit comfortably and return your focus back to your breath. Maintain this meditation practice for 3 to 5 minutes and then you may try for longer periods of up to 15 to 20 minutes. Sometimes you can provide sound in the background to assist like water sounds, spiritual instrumental music, or birds chirping. Anything that is soothing but please remember, adding this isn't required.

### Conclusion



Improving heart health, stress reduction, relieving back pain to boosting our memory, meditation offers a wide range of great health benefits. It's not a surprise that the meditation statistics show how this practice is growing in popularity both in the United States and in the world. People are becoming more aware of how stress negatively affects our physical and mental well-being. Meditation may potentially provide a perfect solution for regaining a piece of mind and a sense of well-being.





# January 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <b>Happy New Year</b> CHURCH OFFICE AND BUILDINGS CLOSED	2 No Food Distribution
3 Sunday School 8:30 AM Call in Number: 1-605-472-5412 Access Code: 229743 Morning Worship Service VIA Live Stream 10:00 AM	4 Warriors for Christ Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM Call in Number: 1(712) 770-4598 Access Code: 283419#	5 Trustee Ministry Via Teleconference 7:00 PM	6 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM Call Number: 1-978-990-5085 Access Code: 8837843 Bible Study 7:00 PM	7	8	9 Food Distribution MP Building 12:00 AM
10 Sunday School 8:30 AM Call in Number: 1-605-472-5412 Access Code: 229743 Morning Worship Service VIA Live Stream 10:00 AM	11 Warriors for Christ Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM Call in Number: 1(712) 770-4598 Access Code: 283419#	12	13 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM Call Number: 1-978-990-5085 Access Code: 8837843 Bible Study 7:00 PM	14 Deacons Ministry Via Teleconference 7:00 PM	15	16 Food Distribution MP Building 12:00 AM
17 Sunday School 8:30 AM Call in Number: 1-605-472-5412 Access Code: 229743 Morning Worship Service VIA Live Stream 10:00 AM	18 WFC Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM Call in Number: 1(712) 770-4598 Access Code: 283419# Buildings & Church Office Closed in Observance of 	19	20 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM Call Number: 1-978-990-5085 Access Code: 8837843 Bible Study 7:00 PM	21	22	23 USDA Food Distribution MP Building 12:00 AM
24 Sunday School 8:30 AM Call in Number: 1-605-472-5412 Access Code: 229743 Morning Worship & Communion Service VIA Live Stream 10:00 AM 	25 Women's Ministry Prayer Conference Call 6:00 AM - 6:15 AM Call in Number: 1(712) 770-4598 Access Code: 283419#	26 Men's Masters in Progress Virtual Fellowship 7:00 PM	27 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM Call Number: 1-978-990-5085 Access Code: 8837843 Bible Study 7:00 PM	28 Young Adults & Senior Adults Masters in Progress Virtual Fellowship 7:00 PM	29 Women's Masters in Progress Virtual Fellowship 7:00 PM	30 Food Distribution MP Building 12:00 AM
31 Sunday School 8:30 AM Call in Number: 1-605-472-5412 Access Code: 229743 Morning Worship Service VIA Live Stream 10:00 AM						